

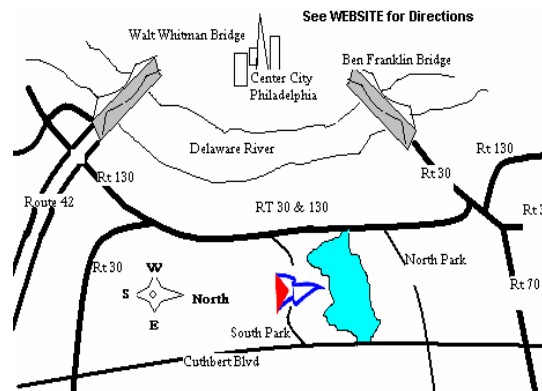
CRYC Boating Safety

- Learn about boating on a sheltered, non-tidal lake.
- Learn to select and adjust a life jacket.
- Learn to row a boat, paddle a canoe, paddle a kayak, and steer a sailboat.
- Learn safe boating techniques and basic rescue techniques based on your physical limitations and boating skills.
- Learn to recognize and adjust for unsafe situations relating to rivers, lakes, and boats.
- Share your experiences with other boaters your age as you are learning about stewardship of the river environment.
- Flexible class schedules will allow youth groups to design their own instructional program by selecting from a list of available classes in boating safety, sailing, canoeing, and kayaking.
 - Youth organizations can design their own boating class. Groups can design a boating course based on their schedules, preferred dates, preferred times, and choice of boats.
 - Classes can be scheduled during the morning, afternoon, or evening. Classes can be scheduled on weekdays or Saturdays. Classes can be scheduled in the spring, summer, or fall.
 - The list of available classes include boating safety, four skill levels of canoe classes, three levels of kayak classes, five levels of sailing classes, and two levels of rowing classes. A youth organization may select from this list of classes and may choose from 1 to 15 classes.
 - The length of each class is two hours. Classes can be combined if an organization desires a longer class.
 - Alternative classes for days when the weather or river conditions do not permit boating: marine knots, structures and functions of the components of sailboats, and maritime skill contests.
 - Students, who successfully complete 6 hours of sailing classes, may be given a scholarship to enter the CRYC 2009 summer youth sailing program.
- Classes will be fun and will include lots of challenges and water games.
- Learn about the selection and care of small boats.
- Learn about job opportunities in the maritime and boating industry.

Directions to CRYC

- Cooper River Yacht Club is located on South Park Drive next to the Cooper River in Collingswood, NJ.
- The Cooper River Yacht Club is only minutes from the center of Camden. Take 38 East to Route 70 East. Exit on Cuthbert Road traveling toward Collingswood. Cross over the river and make a right turn on South Park Drive. Continue on (due West) until you see Cooper River Yacht Club on the right side.

**CRYC Location –
Minutes from the
Center of Camden**



**Cooper River
Yacht Club
(CRYC)**

**Free Boating Safety Classes
Summer 2009
Urban Outreach Program**

**Water Fun in
Canoes, Kayaks and Sailboats**

Eligibility:

Students must be 9 to 15 years old, live in the city of Camden, and must be able to swim in order to be eligible for free boating classes.



**CRYC
PO Box 188
Collingswood, NJ 08108
Information: (856) 869-9145
www.CooperRiverYC.org
marrid@comcast.net**

Cooper River Yacht Club Sailing
Instruction programs are supported in part by grant funds from I BOAT NJ





Get To Know Cooper River Yacht Club

60 Years Old and Still Going Strong! Founded in 1945 by a group of World War II veterans and their families, CRYC is a vital part of the Camden County Parks system. Located on the south shore of the Cooper River Park, the club has a full slate of activities.

Youth Boating At Cooper River Yacht Club

Cooper River Yacht Club (CRYC): Cooper River Yacht Club is located on South Park Drive in Collingswood, NJ. It is directly on Cooper River, a non-tidal sheltered body of water in a picturesque park that lies between Pennsauken and Collingswood.

Instructors: The boating instructors at CRYC are qualified to teach sailing, kayaking, canoeing, and rowing.



Boating course: The basic boating safety course is developed from proven source material available from US Sailing and the US Red Cross. The material is designed to teach individuals how to safely participate in boating activities. The boat choices are rowboats, canoes, kayaks and sailboats. The course work follows a proven formula of classroom instruction and on-the-water instruction.

Safety: Safety on and around the water is emphasized. All students will be supplied with life jackets, and they will be worn when the students are on or near the water. There will be one or more rescue boats on the water at all times.

Rainy day activities: There are many boating related activities to do when the weather is too windy, cold, hot or rainy to sail. These activities will be completed under shelter or within the classroom.

Required swimming test: The swimming skills must be documented by a certified Red Cross lifeguard prior to registering for this free boating course. A signed letter from a lifeguard must be included with each student's application. Each student must be able to swim 50 yards without stopping in a lifeguard monitored swimming pool.

The Course and the Student

Cooper River Yacht Club provides: The club provides boats, life jackets, instructors, instructional materials and facilities for the students to learn to canoe, kayak, and sail and also provides the following boats:

Sailboats Canoes Kayaks Rowboats

Class clothing: Each student should wear comfortable and loose clothing. All shirts should have sleeves and all pants should be at least knee length. Clothing will get wet. Each student should wear shoes that offer stability and traction on a wet boat. Sneakers or athletic shoes work well providing they do not have black or dark bottoms. No sandals or other shoes with open toes should be worn. Each student should have a hat and use sunscreen (SPF 15 or greater). All students should bring a change of clothing, extra shoes, and a towel in case they get wet.

Class scheduling: Schools and youth associations may schedule a maximum of 30 hours of classes each summer for each group of students. Several groups of students may be scheduled each summer. The recommended class size is between 6 and 14 students. A minimum of 6 hours of class must be scheduled by the sponsoring association and students must be available to attend all the classes. Each organization can design a boating course with between 6 and 30 hours of classes.

All students must start with the basic boating safety class. This boating safety class requires two hours and may be scheduled as one long session or two shorter sessions. Rules for safe boating at CRYC will be presented. Life jackets will be provided for all students enrolled in this boating safety class. Each student will learn the procedure to select and wear a life jacket. While wearing the life jacket, the students are given a tour of the CRYC including a walk on the docks and the river's edge. During the tour, they will be shown the sailboats, kayaks, and canoes to be used for future classes. Next they will practice boarding a boat from the beach and the dock. The students will be taught several canoe strokes using paddles while kneeling on the padded edge of the dock. This basic boating safety class is required before students can safely participate in canoeing or sailing during the second class.

After the students complete the first basic boat safety class, each group of students may select either an introduction to sailing or a basic canoeing class as the second class. Groups of students who complete six hours of canoe classes, may then select kayak classes. Groups of student who complete six hours sailing classes will be given a scholarship to enroll in the summer youth sailing program at CRYC.

Classes may be scheduled by Camden organizations during the fall, summer, or winter. Classes can be scheduled on weekdays or Saturdays.

Boating Safety Course: Participation

Participation: Participation is limited to qualified students between the ages of 9 and 15 from the city of Camden, NJ. All classes are group classes and are arranged through Camden youth associations such as schools, clubs, sport associations, and churches. Youth associations based in Camden are encouraged to arrange group times for the boat safety course.

Each student must be able to swim and must provide documentation (note from a certified lifeguard) regarding his or her swimming skills. This note must be included with the application. Each student must be able to swim 50 yards without stopping in a lifeguard monitored swimming pool.

Transportation: Transportation should be provided by the family but occasionally a sponsoring organization may provide transportation.

Questions: Please contact us if you have any questions: **Phone: (856) 869-9145**

E-mail: marrid@comcast.net

Boat Safety Course Mailing address:

Boating Safety Course
Cooper River Yacht Club
P. O. Box 188
Collingswood, NJ 08108

Website: www.CooperRiverYC.org

Boating Course Application

All students from the same sponsoring association should mail their applications in the same envelope.

Name _____

Age _____ Grade _____ School _____

Address _____

Telephone # _____

Email address (optional) _____

Sponsoring Youth Organization : _____

Parent/Guardian Information

Name: _____

Address: _____

Telephone _____

Parent Signature: _____

Mail this form to the address above and enclose a document signed by a lifeguard verifying you are able to swim 50 yards.